

THE COW



PUB & KITCHEN

To reserve a table: info@thecow.ie | 01 660 2390
2 Shelbourne Rd, Dublin 4, D04 V4K0 @thecowdublin4

APPETISERS & SHARING

BREAD

HOMEMADE BREAD (1 wheat, 7) €3.50

BITES

CORN RIBS (3, 4, 7, 11, 14) €6

SRIRACHA BUTTER, LIME EMULSION, SESAME SEEDS

MEDITERRANEAN MIX OLIVES €6

PADRON PEPPERS €6

STARTERS

SWEET POTATO & COCONUT SOUP €10
(1, 5, 7, 8 almonds, 11)

TIPPERARY CRÈME FRAICHE, CHILI RAYU, MINT, TOASTED ALMONDS

TZATSIKY & HALLOUMI SALAD (7) €14

ORGANIC LEAVES, KALAMATA OLIVES, CHERRY TOMATO, RED ONION

FOOD SERVICE HOURS:

TUESDAY: 12 – 2:30PM & 5 – 9PM

WEDNESDAY – FRIDAY:

12 – 2:30PM & 5 – 9.30PM

SATURDAY: 2 – 9:30PM

SUNDAY: 12:30 – 8PM

MAIN COURSE

POKE BOWL (1 wheat, 6, 11) €18

SUSHI RICE, EDAMAME BEANS, WAKAME SALAD, CUCUMBER, AVOCADO, GREEN BEANS, CHERRY TOMATO, RADISH, PICKLE CABBAGE, SESAME SEEDS, GYOZA DRESSING

ADD: CHICKEN PRAWNS (2, 7) HALLOUMI CHEESE (7)

COCONUT DAL & ALMOND FALAFEL €20

(8 almonds)

ASPARAGUS RISOTTO, TARRAGON & PRESERVED LEMON FROTH, PARMESAN CRISP

ON THE SIDE

ROAST CARROTS (7, 11) €7

TAHINI LEMON YOGURT, PUMPKIN & SUNFLOWER SEEDS

ONION RINGS (1 wheat, 4, 14) €7

ROASTED SWEETHEART CABBAGE €7

(3,8 hazelnut, almonds, 11)

KIMCHI EMULSION, DUKKAH

DESSERTS

STICKY TOFFEE PUDDING €10

(1 wheat, 3, 7)

SALTED CARAMEL SAUCE, VANILLA ICE CREAM

PISTACHIO & COCONUT SPONGE €10

(3, 7, 8 pistachio, almond)

AMARETTO CHERRIES, PISTACHIO ICE CREAM

CHOCOLATE & PRALINE OPERA €10

CAKE (1 wheat, 3, 7)

RASPBERRY SORBET

SELECTION OF ICE CREAM (7) €10

CHEESE BOARD €10

(1 wheat, rye, 3, 7, 8 walnut)

SELECTION OF IRISH CHEESES