

THE COW



PUB & KITCHEN

To reserve a table: info@thecow.ie | 01 660 2390
2 Shelbourne Rd, Dublin 4, D04 V4K0 @ thecowdublin4

ALL OUR MEAT & POULTRY IS 100% IRISH
AND IS TRACEABLE FROM FARM TO FORK

APPETISERS & SHARING

BREAD

HOMEMADE BREAD (1 wheat, 7) €3.50

BITES

CRISPY SALT & CHILI SQUID €6
(1 wheat, 3, 4, 14)

WASABI CREAM, POMEGRANATE

MEDITERRANEAN MIX OLIVES €6

PADRON PEPPERS €6

CORN RIBS (3, 4, 7, 11, 14) €6

SRIRACHA BUTTER, LIME EMULSION, SESAME SEEDS

STARTERS

SEARED KING PRAWNS (2, 7, 12) €16

WHITE WINE, SMOKED PAPRIKA, CHILLI,
GARLIC BUTTER

TZATZIKY & HALLOUMI SALAD (7) €14

ORGANIC LEAVES, KALAMATA OLIVES, CHERRY
TOMATO, RED ONION

BRAISED ROSCOMMON LAMB
CROQUETTES (1 wheat, 3, 4, 7, 9, 12, 14) €16

MINT PEA PURÉE, CAULIFLOWER COUS COUS,
PICKLE CAULIFLOWER

CRAB SALAD (2, 3, 12) €18

INFUSED APPLE, PICKLED CUCUMBER, FRISSÉE,
DILL OIL

SWEET POTATO & COCONUT SOUP €10
(1, 5, 7, 8 almonds, 11)

TIPPERARY CRÈME FRAICHE, CHILI RAYU, MINT,
TOASTED ALMONDS

MAIN COURSE

10 OZ IRISH DRY-AGED ANGUS
RIBEYE (1 wheat, 3, 4, 7, 9, 14) €46

GRILLED BROCCOLINI, CARAMELIZE ONION
PURÉE, TWICE COOKED CHIPS, PEPPER SAUCE

CLASSIC FISH & CHIPS €24
(1 wheat, 3, 4, 7, 14)

FRESH FISH IN LIGHT TEMPURA BATTER, TWICE
COOKED CHIPS, TARTAR SAUCE, MUSHY PEAS

CORN FED IRISH CHICKEN
SUPREME (7, 12) €28

ASPARAGUS RISOTTO, TARRAGON &
PRESERVED LEMON FROTH, PARMESAN CRISP

ROSCOMMON MUTTON PIE €28
(7, 9, 12)

ROAST CARROTS & PEAS

FILLET OF ORGANIC SALMON €32
(2, 4, 7, 12)

CRUSH NEW POTATO, BABY LEEK, BABY
FENNEL, LEMON & FENNEL SEEDS BEURRE
BLANC, SHRIMPS

ON THE SIDE

ROAST CARROTS (7, 11) €7

TAHINI LEMON YOGURT, PUMPKIN &
SUNFLOWER SEEDS

ONION RINGS (1 wheat, 4, 14) €7

ROASTED SWEETHEART CABBAGE €7

(3,8 hazelnut, almonds, 11)
KIMCHI EMULSION, DUKKAH

BABY CAESAR SALAD €7
(1 wheat, 3, 4, 10)

DESSERTS

STICKY TOFFEE PUDDING €10
(1 wheat, 3, 7)

SALTED CARAMEL SAUCE, VANILLA ICE CREAM

PISTACHIO & COCONUT SPONGE €10
(3, 7, 8 pistachio, almond)

AMARETTO CHERRIES, PISTACHIO ICE CREAM

CHOCOLATE & PRALINE OPERA
CAKE (1 wheat, 3, 7) €10

RASPBERRY SORBET

SELECTION OF ICE CREAM (7) €10

CHEESE BOARD €10
(1 wheat, rye, 3, 7, 8 walnut)

SELECTION OF IRISH CHEESES

ALLERGEN INFORMATION: 1=Wheat containing gluten 2=Crustaceans 3=Eggs 4=Fish 5=Peanuts 6=Soybeans 7=Milk
8=Nuts 9=Celery 10=Mustard 11=Sesame seeds 12= Sulphur Dioxide & Sulphites (>10mg per Kg) 13=Lupin 14=Molluscs