



## DINNER MENU

### STARTERS

Red Lentil Soup (7) Green Lentils, Baby Spinach, Greek Yogurt, Sumac	€10.00
Grilled Cheese Salad (7) Tzatziky, Rocket, Kalamata Olives, Cucumber, Red Onion, Sunflower Seeds	€15.00
Seared King Prawns (2,7,12) White Wine, Smoked Paprika, Chilli, Garlic Butter	€16.00
Slow Cooked Baby Back Pork Ribs Maple and Chipotle Glaze, Roasted Peanuts, Homemade Slaw (1,3,5,6,8 peanuts)	€16.00
Kilmore Quay Scallops (7, 8 chestnut, 14) Parsnip Puree, Chestnuts, Pancetta, Red Wine Jus	€16.00
Crispy Fried Aubergine (1 wheat, 7,8 walnut, 11) Yogurt s/w Toasted Walnuts, Cardamon Apricots, Mint	€14.00

### MAINS

10oz Irish Dry-Aged Angus Ribeye Grilled Broccolini, Caramelised Onion Purée, Twice Cooked Chips, Pepper Sauce (1 wheat, 3,4,7,9,14)	€46.00
Silver Hill Duck Breast (7,9,12) Potato Fondant, Baby Beetroot, Red Chicory, Glazed Carrots, Blackberry Jus	€32.00
Classic Fish & Chips Fresh Fishin Light Tempura Butter, Twice Cooked Chips, Tartar Sauce, Mushy Peas (1 wheat,3,4,7,14)	€24.00
Corn Fed Chicken Supreme Wild Mushroom & Cep Risotto, Curly Kale, Red Wine Jus (7,9,12)	€28.00
Venison House Pie Roast Carrots & Peas (7,9,10,12)	€28.00
Pan Fried Atlantic Cod Spiced Butternut Squash & Shellfish Velouté, Mussels, Shrimp, Pickled Squash Spheres, Pak Choi, Green Beans, Gnocchi (1 wheat, 2,3,4,7,9,12,14)	€32.00

### BREAD

€3

Homemade Bread  
Per Person (1 wheat, 7)

### ON THE SIDE

€6

Patatas Bravas	(3)
Colcannon Mash	(7)
Twice Cooked Chips	(1 wheat,4,14)
Onion Rings	(6)
Mixed Greens	
Baby Caesar Salad	(1 wheat,3,4,10)
Padron Peppers	
Truffle Mac & Cheese	(1 wheat, 7)

### DESSERTS

Chocolate & Baileys Mousse (1 wheat, s/w homeade biscotti 3,7,8 almond)	€10.00
Sticky Toffee Pudding (1 wheat, s/w vanilla ice cream 3,7)	€10.00
Selection of Ice Cream (1 wheat, 7)	€10.00
Cheese Board (1 wheat / selection of Irish cheese rye, 3,7,8 walnut)	€17.00

12.5% service charge on tables of 5 or more.

#### ALLERGEN INFORMATION:

1=Wheatcontaining gluten 2=Crustaceans  
3=Eggs 4=Fish 5=Peanuts 6=Soybeans 7=Milk  
8=Nuts 9=Celery 10=Mustard 11=Sesame seeds  
12= Sulphur Dioxide & Sulphites (>10mg per Kg)  
13=Lupin 14=Molluscs

ALL OUR MEAT & POULTRY IS 100% IRISH & IS TRACEABLE FROM FARM TO FORK.

To reserve a table: info@thecow.ie | 01 660 2390 | 2 Shelbourne Rd, Dublin 4, D04 V4K0 | Follow Us @thecowdublin4